

Sabbatical Series Part Two: *Why Is a Sabbatical Important? Who Benefits?*

In his book *Planning Sabbaticals: A Guide for Congregations and Their Pastors*, author **Robert C. Saler** writes about pastoral sabbaticals as a time of reinvigoration and reflection for both church leaders and their congregations.

He explains that "just as, while on sabbatical, the pastor is invited to step away from the day-to-day demands of ministry and leadership in order to focus deeply on spiritual matters, so too the renewal period can be a time for the congregation to indulge in the blessed luxury of asking questions about joy and meaning."

Saler further explains that the renewal period is a time to focus on spiritual, theological, and recreational matters. It's not for detail work around financial and operational matters. Sabbatical is a time to give both pastor and congregation fresh energy and insight about vision, mission, ministry, purpose, and more.

Trinity Presbyterian Church in Charlotte, North Carolina offers some core understandings of a sabbatical:

- The goal for both pastor and congregation is to spend a set period of time away from one another, so that both may be renewed and refreshed for ministry together going forward.

- Sabbaticals are intended for healthy pastors and healthy congregations. If the pastor is burned out or the congregation is in crisis, it is not the right time for sabbatical.

- While the pastor is the one who steps away, the sabbatical is for both the pastor and congregation. Both need time for rest and renewal.

- It is a "clean break" – during the sabbatical, the pastor does not engage in Sunday worship, funerals, pastoral care, or any church-related work. Arrangements are made for those duties to be covered by others.

- Sabbatical is not an extended vacation. The difference centers on the intent of the activities. Vacation focuses on relaxation; sabbatical focuses on renewal.

A 2013 *Living Lutheran* article entitled "A passport to good health" suggests that pastors find sabbaticals to be transformative experiences that strengthen and develop the clergy's ability to serve the congregation. A well-planned "re-creation" can result in spiritual renewal, rest, education, and gaining a new perspective.

Rest and renewal are deeply entrenched biblical principles. Jesus himself would often intentionally take time away to be in deeper communion with God, to refresh and restore his soul. In the same way, a faith community can provide rhythms of rest and restoration to its spiritual leader(s) and the community itself, further strengthening and nurturing the body of Christ.

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OUR CONGREGATION

Ministers - All who gather here in the name of Jesus Pastor - Rev. David Shull Office Manager - Becky Trover Office Assistant – Diane Brobeck Custodian - Marshall Edgington Organist/Senior Choir Director -Kathy Rapp Pianist/Chime Choir Director -Karen Kent **Reflections** Editor - Judith Bird

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ISSUE 25



The Redeemer Community

RLC Youth Meet Fundraising Goal for July ELCA Youth Gathering

Redeemer's Youth have met their fundraising goal for their trip to the ELCA Youth Gathering in July in New Orleans, adult leader **Wendy Stoica** reports. She said they made \$875 at Saturday's Yard Sale, with some items pending receipt of funds. "We also received a donation for youth helping at the food giveaway, too."

Thanks to everyone who donated items for the Yard Sale and for those who shopped!

Those attending the Youth Gathering are **Sophie**, **Izzy** and **Andy Skoog**, **Sachio** and **Hitoshi Phillips** and adult leaders **Wendy Stoica** and **Pastor Dave**.



Volunteers Step Up for Food Giveaway, Serve 214 Households, Distribute Total of 175 Fans



Kathy Zwanziger reports, "A HUGE thank you to all who assisted with the Lutheran Social Services-Mid-Ohio Food Collective food giveaway on an extremely hot day in June! As Pastor Dave noted in our opening prayer time, there were many (~12) more volunteers than



we had ever had! That included some relatives of members, as well as a couple people who came for the food and offered to help.

"As for the numbers: 95 degrees and plenty of humidity! We received eight pallets of food for a total of 9,572 pounds – and nearly all of it was distributed to the 214 guests. They represented 714 people, 214 of them children. Another 150 were seniors.

"We had 83 new families, up 31 compared to May. Obviously, all of the 175 fans YOU provided were given to people to help provide some relief during this heat wave.

"Because of the heat, we made some adjustments to our routine. It was helpful to have the extra volunteers making it possible for everyone to take breaks by entering the Narthex to cool down – a rule that was enforced. We adjusted our registration process to limit the time the 'registrars' had to stand on the hot blacktop and to speed up the line. That meant some people entered the names into the LSS database, one of them far into the evening (thanks, Sue!). Other registrars entered the information when they came into the church for their cooling break – and allowed me to stay in the building and enter names for the entire time.

"What a wonderful blessing you were able to provide our neighbors! Thank you all!"

Clearness Committee Holds First Meeting

Rich Pautsch writes, "Our first clearness committee met on Tuesday, June 19, from 6:30 to 8:30 p.m. at church. We met to discuss my question, 'What is my wealth for?' I had previously distributed a summary of my relationship to wealth to the group. I invited the group to ask me open-ended questions to help me explore.

"Without giving advice or trying to 'fix' me, the group asked me questions. I was asked questions I did not expect. The group gently led me to realize that what I was asking was not my real question. I was really asking, 'What is my life for?'

"Right now, I am not sure how I answer this question. I feel now though that I am asking a better question. For me, asking the right question is a big step toward finding what I seek.

"If this kind of deeper, personal conversation is something you would like to spend time with, let me or **Pastor Dave** know. Is there something you wonder about that you would like to discuss?"



RLC Basketball Camp Underway; Donations of 8 Oz. Bottles of Water Needed

Redeemer's summer basketball camps for youth ages 8 to 14, led by former NBA and ABA player **Coach Larry Jones**, is now underway and members are asked to donate **8** oz. bottles of water for use by participants – especially given the heat warnings out for this week.. They can be placed in the coatroom, just off the Narthex..

A total of 58 youth are registered. Redeemer provides these camps for free. They run for six weeks, from 6:30 to 8 p.m. Monday through Thursday. They conclude on **Thursday, July 18**.

Adult Ed Concludes for Summer

The Adult Education Class concludes both its sessions for the summer and its discussion of the "Draft Social Statement on Civic Life and Faith" from the ELCA this coming <u>Sunday, June 30</u>.

Copies of the draft statement will be available Sunday and can also be accessed at www.eleca.org/civicsandfaith.

The class begins at 11:15 a.m. and is both in-person and on Zoom. The Zoom link is <u>https://us02web.zoom.us/j/88957366923?pwd=TnV6cFB4ZUpET25USTgzZ0diZlhnQT09</u>; Meeting ID: 889 5736 6923 Passcode: 383835; Phone only: 312 626 6799.

Redeemer Summer Book Study Underway

In recent summer book studies, Redeemer's Book Group has focused on immigration, racism, and death and dying. This summer, they will discuss a book that begins with the statement: "The United States, the richest country on earth, has more poverty than any other advanced democracy. Why?"

Pulitzer-prize author **Matthew Desmond** dives into that question in his book *Poverty, By America*. He looks at causes, and, most importantly, presents his own solution for how actually to end poverty.

The group meets Wednesday evenings from 7-8:30 p.m. on **June 26**, **July 3**, and **July 10**. The group started early because **Pastor Dave** will be at the ELCA National Youth Gathering in the middle of July. They are meeting both in-person and on Zoom. The second discussion on June 26 will cover chapters 3 through 5. Contact the church office to receive the discussion questions before the meeting. For those not wishing to purchase the book, the library has a number of copies to take out.

To join the meeting via Zoom, go to the following link: <u>https://us02web.zoom.us/j/86071756592?pwd=dm5VN2FaZWIVcUk3bEQycTVRTmpSUT09</u>; Meeting ID: 860 7175 6592; Passcode: 322720. To join via phone, call 312 626 6799.

Both pastor and Sheryl Owens look forward to another summer of honest, enriching conversations.

Tuesday Bible Study Continues Look at Romans

The Tuesday Bible study resumes this week now that **Pastor Dave** is back from vacation. It will resume with the study of the book of Romans on **Tuesday, June 25** at 1 p.m. here at the church and on Zoom.

RLC Garden Giveaways Now Underway

Redeemer's Saturday morning veggie giveaways are now underway. For those who are interested in volunteering, harvesting begins between 8:30 and 9 a.m. with weighing and recording the produce before starting the giveaway at 10 a.m.

Returning and new volunteers are asked to contact Jon at Jon.Disbro@nationwidechildrens.org.

Volunteers Sought to Provide Summer Hospitality following Worship

Jon Disbro writes, "I think we all enjoy the after-worship refreshments and the chance to linger and connect with other folks.

"Now you have an opportunity to support that effort by signing up to provide the refreshments for a Sunday over the summer. It's very easy and there are supplied snacks, coffee, and paper products if you need them.

"In the past we have had small groups, committees, and friends sign up to do it together and enhance the normal offerings. Sign-ups for June, July, and August are on the bulletin board outside the Library in the hallway.

"Sign up and see how much appreciation you will receive for whatever you offer!"

Reflections

Liturgical Garments Reflect 'RLC through the Seasons'

Liturgical garments and other items worn/used by Redeemer's worship leaders over the years are the first installment in the latest Narthex Art exhibit: "Redeemer through the Seasons." Two additional exhibits under this theme are planned with the congregation's help needed for the second installment to be announced at the end of June.



Noisy Offering to Support World Central Kitchen

Redeemer's "Noisy Offering" will go to the World Central Kitchen (WCK) which is first to the frontlines, providing fresh meals in response to humanitarian, climate, and community crises. Food is essential to life every single day, all over the world -- and it is more important than ever in a crisis.

Not only is a thoughtful, freshly prepared meal one less thing someone has to worry about in the wake of a disaster, it is a reminder that they are not alone, someone is thinking about them, and someone cares.

Food has the power to be the nourishment and hope we need to pick ourselves back up in the darkest times. This is the foundation of **Chef Jose Andres**, founder of World Central Kitchen. The program began after the 2010 earthquake in Haiti. For seven years they worked on resilience programs investing in long- term solutions around the food needs in the Caribbean and Central America.

Then in 2017 with Hurricane Harvey hitting Houston, WCK began to move into action and respond to areas hit by natural disasters. So 2017 they went to Houston.

Recently, members of one of WCK's relief teams were killed while going into Gaza to deliver food. **Kay Ernsthausen** writes, "Since the bombing in Gaza there has been an earthquake in Taiwan. There are so many places that need food. We do what we can for our neighbors with the food giveaways and the garden and this is an opportunity to feed those who are hungry around the world. For more information on World Central Kitchen look them up at <u>https://wck.org</u>."

Being Good Stewards of Earth #5: A Reminder of 3Rs

Michele Disbro writes, "As a final wrap up to how you can be a good steward of the earth, I want to remind you of the 3R's: Reduce, Reuse, and Recycle.

1. "**Reduce** – This is the first and best thing to do. Reduce the amount of waste you produce. For example, reduce the smaller-sized items of things you use and choose to buy the larger refill sizes. Reduce the items you buy that are available in non-recyclable containers. Reduce your food waste by meal planning. Consider using cloth napkins. There are many ways to reduce your waste so take that first small step.

2. "**Reuse** - Instead of buying water in plastic bottles, bring your own refillable water bottle. Consider packing your lunch in washable containers. Rather than simply throwing out something that is broken, see if it can be fixed. If you don't want certain items anymore, donate them so someone else can use them. Be creative and find new uses for something that you don't use anymore.

3. "**Recycle** – There are many places to recycle paper, cardboard, and plastic so give it a try! Remember: you can always check out the SWACO website with any questions you have at <u>https://recycleright.org/recycle-reuse-search-tool/</u>."

Important Emails

<u>Dshull@RedeemerLuth.com</u> – use for communicating directly with **Pastor Dave**.

<u>Info@RedeemerLuth.com</u> – use for communicating with the office, *Reflections* newsletter, **Office Manager Becky Trover**, healing prayer requests or for general information.

<u>MemberCare@RedeemerLuth.com</u> – use for communicating with the Member Care team about needs for personal ministry such as in-home communion, a home visit, meals, etc.

FinSec@RedeemerLuth.com – use for stewardship campaigns.

<u>Itgroup@RedeemerLuth.com</u> – use for communicating with Redeemer's IT Team for items related to the website. <u>Property@RedeemerLuth.com</u> – use to report items that need repair in the church building.

SundaySchool@RedeemerLuth.com – use to offer suggestions for our Sunday School ministry.

<u>Transportation@redeemerluth.com</u> – use to request temporary transportation assistance.



<u>Communications@redeemerluth.com</u> – use to send church related announcements or pictures for sharing on Redeemer's social media sites. Another way is to tag Redeemer in the posts.

Publishing Deadlines for *Reflections*, Sunday Bulletins

For Reflections

- PLEASE SUBMIT PRIOR TO **5** P.M. ON SUNDAYS.
- Send to info@RedeemerLuth.com and put Reflections in subject line.
- Or leave a note in the *Reflections* mailbox at the top of the stairs outside the church office.

For Sunday Bulletins

The deadline for information to be published in Sunday bulletins is the **Wednesday morning** before. That information can be sent to the above email: just put "Bulletin" in the subject line.

Prayers and Personals

Prayers for healing are asked for **Carol Heacock** and for **Mary Watts**, mother of **Karen Kent** and **Kathy Rapp**, both of whom recently had surgery.

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'Christ in Our Home' for July-Sept. Now Available

The latest edition of the daily devotional booklet "Christ in Our Home" for July through September is now available in the on the kiosk in the Narthex. Copies are free for anyone who would like one.

July Birthdays

1-Bruce Collins 1-Karen Riccio
3-Caroline Ott 5-Sachio Phillips
7-Diane Montgomery 8-Kathy Zwanziger
11-Evelyn Boreman 12-Payton Amon
16-Kandice Hoddinott 17-Cora Marquez
18-Kelley Frank 19-Terry Warren
21-Grace Jones 22-Alta Boreman
22-Noah Gosnell 25-Tracy Hoddinott Ervin
27-Tom Mimlitch 29-Kathy Mimlitch
29-Becky Trover

The Wider Church

First English to Hold Speaker Series

First English Lutheran Church and Urban Connections are sponsoring a speaker series on "Impacting Community" on the fourth Sunday of every month. The first presentation, set for <u>Sunday, July 28</u>, will feature **Sam Gresham** and **Molly Shack** of the Ohio Organizing Collaborative. It begins at 6:30 p.m. at First English (1015 E. Main St.)

Prayer Concerns from ELCA

June 26 "Let them thank the Lord for his steadfast love, for his wonderful works to humankind. Let them extol him in the congregation of the people and praise him in the assembly of the elders." (Psalm 107:31-32) Give thanks for the Spirit gathering us in worship to praise God, reflect on the word of God, profess our faith, receive. and affirm God's grace through the sacrament of communion, and bless each other to do God's work in the world.

27 Our need for food and nourishment never ends. Pray for community meals, food pantries and food truck ministries that relieve hunger and feed our spirits.

28 Ask God to stir our generosity in response to Generation Zero-Hunger, a youth-driven fundraising challenge to support the programs of ELCA World Hunger.

29 Give thanks that our church organizes its global ministry and service around the theology and practice of accompaniment, walking together with Lutheran, ecumenical and interfaith siblings worldwide. Pray for our mutual relationships with global companions and promise to respond to changing needs as we do God's work in the world.30 Remember in prayer youth attending the Lutheran Summer Music Academy at Valparaiso University, an



opportunity for young people to live in a faith community, develop their musical skills and contemplate future careers and vocations.

July 1 Disability Pride Month Give thanks for the gifts, leadership and abilities of our neighbors and siblings in Christ who live with disabilities -- about 42.5 million in our nation. Pray for the work of congregations, synods, ELCA Disability Ministry, the Evangelical Lutheran Deaf Association, Lutheran Services in America Disability Network, Lutheran Outdoor Ministries' Total Inclusion! initiative, and community organizations to address the inclusion, active participation and full involvement of people with disabilities in the life and leadership of the church and society.

The Community Beyond Gaza and Palestine Update

Julie Johnson submitted the following update on Gaza and Palestine:

- The death toll in Gaza has now topped 38,000 Palestinians, with untold numbers buried in the rubble. Over 500 have died in the occupied West Bank – the other portion of Israel that is meant to be Palestinian land.

- This past weekend at least 100 Gazans died in an Israeli attack on Gaza City in the north, and at least 25 were killed in bombing in the humanitarian area in the south that Israelis had designated for people of Rafah to flee to.

- NPR and the Associated Press this week ran a story detailing how some extended families have been nearly completely decimated by the war in Gaza – including one family that had 173 family members killed in December 2023. The death toll for that family alone now tops 270. There are hundreds of Palestinian families who have experienced over 25 deaths. To a degree never seen before, Israel is killing entire families. Grandparents, parents, children, uncles, aunts, cousins and more had often settled in the same areas to maintain close family ties. Even when evacuations from one area of Gaza would take place they would gather in new locations. Entire families are buried in mass graves, in hospital courtyards or beneath staircases in the homes where they were killed.

- Tensions have increased in northern Israel with bombing to and from Lebanon based Hezbollah.

- The Israeli defense minister is flying to Washington for talks this week.

- U.S. House Speaker Mike Johnson has invited Prime Minister Benjamin Netanyahu to speak to Congress and he has accepted.

- Over 120,000 Israelis protested in Tel Aviv on Friday, June 22 against Prime Minister Netanyahu and member of his far right coalition.

- Humanitarian aid remains much lower than the needed amount, and aid that gets into Gaza often does not get delivered to those in need.

Pray for peace -a just peace for all.

CAIR-Ohio Announces Turaani as New Executive Director

The Ohio chapter of the Council on American-Islamic Relations (CAIR-OH) announced recently that **Khalid Turaani** has been named its new executive director, overseeing operations in Columbus, Cincinnati and Dayton.

Turaani has more than 15 years of executive experience in public affairs and advocacy in Washington, D.C., and Europe. His tenure includes engagements with Congress and the European Parliament, along with a decadelong tenure as a CEO in the private sector.

Beyond his professional roles, Khalid has been a community leader in the areas of voters' rights and coalitionbuilding around electoral politics and human rights, CAIR-OH said. Born and raised in a refugee camp, he has been involved in humanitarian missions that have spanned addressing the Flint water crisis to aiding refugees in Gaza, Thailand, Iraq, Syria and Lebanon.

"We are thrilled to welcome Mr. Turaani into our community. His wealth of experience and proven leadership resonate deeply with CAIR's mission," said **Nabeel Raazi**, president of the board of directors of CAIR-OH. "In these challenging times, extraordinary effort and leadership are imperative. We are delighted that our rigorous search process has led us to Khalid Turaani, an esteemed American Muslim leader of national recognition."

CAIR is America's largest Muslim civil liberties and advocacy organization. CAIR-Ohio has three offices in Ohio – Cincinnati, Columbus, and Cleveland. Its stated mission is to enhance the understanding of Islam, protect civil rights, promote justice, and empower American Muslims.



Getting Ready for Worship 6th Sunday after Pentecost June 30, 2024 – 10 a.m.

Lessons

Readings: 2 Corinthians 8:7-15; Psalm 130; Mark 5:21-43

Prayer of the Day

Almighty and merciful God, we implore you to hear the prayers of your people. Be our strong defense against all harm and danger, that we may live and grow in faith and hope, through Jesus Christ, our Savior and Lord. Amen

A Prayer for Peace

Gracious God, grant peace among nations. Cleanse from our own hearts the seeds of strife: greed and envy, harsh misunderstandings and ill will, fear and desire for revenge. Make us quick to welcome ventures in cooperation among the peoples of the world, so that there may be woven the fabric of a common good too strong to be torn by the evil hands of war. In the time of opportunity, make us be diligent; and in the time of peril, let not our courage fail; through Jesus Christ our Lord. Amen.

Intercessions & Thanksgiving

+ For the people of St. Luke Lutheran Church Vanatta in Newark.

+ For Redeemer community members Lynn Nakamura and Shari Ayers.

Each week we remember in our prayers in worship those who cannot be with us and those with special needs and concerns: Bebe McCoy, Robin Stokes, Bonnie Hegreness, Heidi Carman, Mary Kennedy, Kevin Bailey's sister Kleta Childs, Jeremy Davis, Bebe McCoy's brother-in-law Walt and her sister Jan, Brittany Parsons, Mary Bowling's sister Val, John Kennedy's niece Michele Wolfe, Becky Trover's sister Maddie Sutphin and her niece Olivia Theissen, Skye Andree, Carolyn Moehring, Kris Kauffman, Emily Ott's aunt Kathy Richter, Ruth Murray's daughter Ellen Rose, John Kennedy's sister and brother-in-law Becky and Vic Wolfe, Kathie Ehrich; Terry Warren's sister Elaine Warren, Nathaniel Bird's in-laws Rose and Wendell Jordan, Lorien Dana, Kandice Hoddinott-Ward, Brittany Amon, John Huber, Mary Watts, Barbara and David Hairston, Dottie and Larry Bird, Paul Johnson, Carol Heacock.

Worship Leaders

Pastor Dave Shull
Jon Disbro
Kelley Frank
Jennifer Young
Bryan Neal
Kathy Rapp
Karen Kent
Ruth Murray, Zak Hinkle-Moore
Michelle Clemence/Wendy Stoica
Toshi Phillips, Sachio Phillips
Laura Warren, Cathy Oldham, Michelle Clemence
Laura and Terry Warren

Noisy Offering will go to World Central Kitchen.



This Week at Redeemer

June 24 – July 1, 2024			
Monday	6:30 - 8 p.m.	Basketball Camp	
	6:30 p.m.	Girl Scout Troop 1143	
	7:00 pm	BREAD Celebration	
Tuesday	11:00 am	Member Care	
	1:00 p.m.	Bible Study	
	6:30 p.m.	Congregation Council	
	6:30-8 p.m.	Basketball Camp	
	7:00 pm	Journaling Workshop	
Wednesday	6:30-8 p.m.	Basketball Camp	
	7:00 p.m.	Summer Book Study	
Thursday	6:30-8 p.m.	Basketball Camp	
Saturday	10:00 a.m.	Garden Giveaway	
Sunday	10 a.m.	IN-PERSON and LIVESTREAM Worship	
	11:15 a.m.	IN-PERSON and ZOOM Adult Ed	
	12:30 pm	Youth Gathering	
Monday	5:00 pm	ZOOM Executive Team	
	5:30 p.m.	Girl Scout Troop 2462	
	6:30 - 8 p.m.	Basketball Camp	
	6:30 p.m.	Girl Scout Troop 1143	

Redeemer's mission: To be followers of Jesus, sharing God's love with all Redeemer's vision: To foster understanding and healing in community Redeemer's Values: Inclusion, Compassion, Justice